



EAGLE'S FLIGHT

Designed and Knit by Megan Humphrey" – 2006

MATERIALS:

- One skein Opal yarn (Opal Owl was used)
- Set of five Size 1 dpns (or size needed for gauge)
- Stitch Holder

GAUGE 8 stitches = 1 inch

SIZE: Adult Medium

STITCH PATTERN: (16 sts, 6 rws):

RND 1: p1, k2, k2tog, k2,yo, p2, yo, k2, ssk, k2, p1.

RND 2, 4, and 6: p1, k6, p1.

RND 3: p1, k1, k2tog, k2, yo, k1, p2, k1, yo, k2, ssk, k1, p1.

RND 5: p1, k2tog, k2, yo, k2, p2, k2, yo, k2, ssk, p1.

BEGIN SOCK:

Cast on 64 sts. Begin stitch pattern, and work to desired length of leg.

HEEL FLAP: K 16, turn.

Row 1: k2, p 28, k2. Place rem 32 sts on stitch holder, turn.



Close up of stitch design

Row 2: k.

Repeat these 2 rws until heel flap measures 2-2 1/2".

End ready to work Row 1.

HEEL TURN: k2, p 19, p2tog, turn.

Row 1: sl 1, k 10, ssk, turn.

Row 2: sl 1, p 10 p2tog, turn.

Repeat these 2 rows until all sts are used: 12 sts remain.

GUSSETS:

Pick up and k 15 sts on side of heel flap. Work across instep in pattern. Pick up and k 15 sts on opposite side of heel flap, plus 6 heel sts. Work 2 rows even, keeping instep in pattern.

Next Rw: Ndl 1: k to last 4 sts, k2tog, k2. Ndl 2 and 3: Work in pattern. Ndl 4: k2, ssk, k to end. Work 1 row even.

Repeat these 2 rws until 64 sts remain. Then work foot as established until 1 1/2-2" short of desired length.

TOE:

Dec Rnd: Ndl 1: k to last 4 sts, k2tog, k2. Ndl 2: k2, ssk, k to end. Ndl 3: k to last 4 sts, k2tog, k2. Ndl 4: k2, ssk, k to end. K 1 rnd. Repeat these 2 rnds until 48 sts remain.

Then work the Dec rnd only until 16 sts remain. Weave toe.



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